

ROAD RACE



Saturday
9 May 2026
@ 08:00

NG Kerk Vaalpark

33 Keiskamma Ave

Vaalpark

(GPS: S26° 46' 16.7" E27° 50' 57.6" 57.6")

In association with

SASOLBURG ATHLETICS CLUB

Entries

Manual entries only at the church:

7 May: 16:00 – 18:00

8 May: 16:00 – 18:00

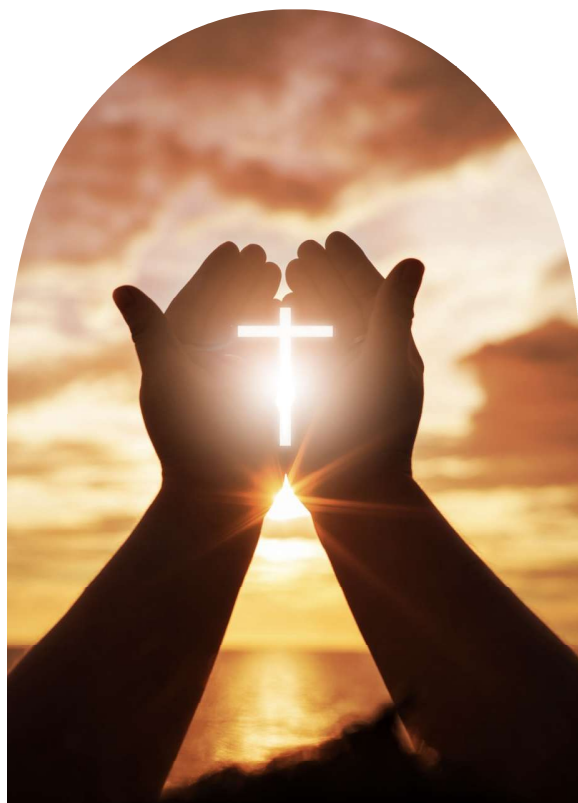
9 May: 07:00 – 08:00







Prize-giving at 10:30







Medals and pancakes to first
300 finishers

General Information

- Parking available with guards.
- Water and refreshment tables available ±3km apart.
- Route: circular, flat and fast.
- Leading vehicles for each distance.
- Security and medical vehicles roaming the route.
- Medals at finish for first 300 finishers.
- Ambulance services available.
- Toilet facilities available but no shower facilities.
- No tog bag or gazebo facilities available.



 **21,1 km**
 R200
 08:00
 R70
 3 Hours
 16 Years

 **10 km**
 R100
 08:00
 R70
 2 Hours
 14 Years

 **4,9 km Fun**
 R50
 08:15
 2 Hours
 9 Years
accompanied by adult

Prize Money

Open men and women only

	21,1km	10km
1 st	R400	R300
2 nd	R300	R200
3 rd	R200	R100

For more information
contact Ds Fritz Kotze
© 061 535 6142

061 535 6142
073 339 6809
083 581 8569

Event manager
Technical official
Safety official

Ds Fritz Kotze
Dolf Binneman
Riaan Greeff



ENTRY FORM for the NG KERK VAALPARK ROAD RACE



Name: _____

Surname: _____

Address: _____

Cell No: _____ Distance: 21.1km 10km or Fun run

E-Mail: _____ Date of Birth: (dd/mm/yyyy) _____

ID/Birth Certificate or Passport nr: _____

License No/Temp No: _____ Male: Female:

Club name: _____ Province: _____

SA Citizen? Y Or N Nationality if non-citizen: _____

EMERGENCY CONTACT CELL NO: _____

Name & Surname of next of kin: _____

Signature: _____

Minor release: and I, the minor's parents and/or legal guardian, understand the nature of athletics activity and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waver on behalf of the athlete

Parent/Guardian Name & Surname: _____

Signature: _____

WAVER INDEMNITY AND CONSENT – By entering the event I understand to be bound by the rules and regulations of the event including those of WA, ASA and AFS. I warrant that I am in a good health and aware of the risk and endanger of physical nature of the sporting event, and do not claim ignorance of these risk and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, to the fullest extent allowed in law, the organiser of the event, provincial and national athletic bodies and all local authorities from the responsibility, liability, or costs relation to any injury, loss of damage of whatever nature, including pre-and post-race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in activity. I hereby agree or give permission for my photos taken at the event that it can be used for media coverage on the event itself of any other media advertising.

RACE RULES

*The race is held under the rules of WA, ASA and AFS. *Athletes indemnify the national, provincial, and regional bodies, sponsors and organisers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race. *All athletes participate at their own risk. *Athletes acknowledge that by entering the event they are medically fit to participate. *All athletes must supply the name and contact number of their next of kin on both the race number and entry form. *Licensed athletes must wear club colours and the 2024 license number on the back and front of their vest with the race number worn on the front of the vest with the race card worn on the front of the vest. *Temporary Licenses will be available for R70 to be worn in front (according to ASA ruling.) No insurance coverage on the Temp no. *No seconding allowed. *Sufficient water points. *No blades, prams, cyclist or mechanically operated devices allowed in the race. *International athletes are to comply with ASA rules before entering the race. *Wheelchair athletes will NOT be permitted to participate. *No animals/pets are allowed to participate. *Minimum age participation for 10km is 14 years and for the 21,1km it's 16 years. *4.9km child(ren)-under supervision of parent/s /guardian/s 9 years and older. *Prize-giving ceremony will take place at 09:00. *Winners must be present and must provide proof of identification as requested information to race organiser. *No refunds will be given once an entry is purchased. *Athletes may not run with another athlete's race number. *Earphones, iPods and similar devices are not allowed during the race, as they are in contravention of NEW WA rule- WA Rule T6.3.2 and will lead to disqualification. *The race organiser retains the rights to refuse entry and reject persons under the influence of drugs or alcohol, who are disorderly, or engage inappropriate behaviour or vandalism. *Athletes who participate without buying a race entry will be disqualified and will not be entitled to any benefits associated with the race; they will be liable for a double entry fee charge. *Runners who allow their race number to be duplicated will be held liable and will face AFS disciplinary with the possibility of a ban. *Habitual offenders (those who regularly participate without purchasing a race entry) will be called to an AFS disciplinary. *Littering is not allowed. *Athletes are to dispose of any litter in appropriate bins and can be disqualified if they litter. *An AFS Clean RUN. *Cutoff time- Athletes will not be allowed to finish any distance races after the cut-off time. *No late starters will be allowed. That is later than 5 minutes from the group start time. *Results made available at the event – manual timing to be used due to not registered route. *The timing cannot be used as a qualifier.